

All services are free and available to any individual in need Monday through Friday from 8 am to 4 pm, unless otherwise noted.

#### **Basic Needs**

- Breakfast (7 am-8 am)
- Showers (8 am-12 pm) & toiletries
- Mail (8 am-12 pm), copies, phone access & fax
- Lockers & bathrooms
- Laundry services
- Holiday support

### Social Services

- Case management
- Housing referrals
- Mental health support
- Rehab referrals
- Legal Aid sessions
- ID clinics
- Family service referrals

#### Health

- Art Therapy
- Women's group
- Flu shots
- HIV/STD testing
- Medication copays
- Eyeglasses One Sight Program

# Job Preparedness

- On-site training
- Resume prep
- Interview prep
- Employer connections
- Job coaching
- Life skills

## Code Blue Shelter

Available from November to March at the First Presbyterian Church at Norristown when the temperature is 35 degrees or lower.